

Dana Santi

Dana Santi began studying the Pilates method in 1996 in Evanston, IL. She studied under the direction of Juanita Lopez and was certified by Romana Kryzanowska in 1998. After completing her certification, Dana taught at and managed The Pilates Studio of The Midwest at Hubbard Street in Chicago, IL, a certification studio for what was The New York Pilates Studio® and The Pilates Guild™. In 2002, Dana opened The Pilates Core, Inc. in LaGrange, IL.

She has always believed that keeping Pilates authentic is what makes a successful studio. In 2004, Dana met and studied with Jay Grimes in Los Angeles, CA. That meeting changed Dana's life and she is honored to borrow every ounce of inspiration and wisdom that he can provide. Dana devotes much of her non-teaching time to studying and networking with other classically trained teachers.

With their combined expertise, Dana has organized workshops and conferences devoted to educating participants in the traditional and authentic Pilates method. In 2016, Dana closed down

The Pilates Core, moved the studio and rebranded as Dana Santi Pilates. This move has allowed Dana to teach, travel, train and most importantly be there for her kids. Dana can be found teaching classes on Pilates Anytime and currently, Dana serves as Co-Chair and is a founding member of the Authentic Pilates Union.